lages of the lowlands where the houses have small windows, which improve ventilation and illumination slightly. In places like Chanal, where there is abundant lumber, the sides of the houses are built with wooden boards set vertically. The largest and best-built houses are in Tenejapa center.

Generally, the hut is divided into two rooms: the front is parlor and kitchen, the rear is bedroom. In Bachajon the rear room serves as bedroom and kitchen, the front room for sewing and grinding and the reception of visitors. In Amatenango del Valle the front of the house is open and used as a porch for visits. Ceramic work is also performed here. In one room of the house a bin of wood or reeds stores corn. Sometimes, small structures which serve as granaries are built inside the hut.

Among the auxiliary structures outside is the temascal (*pus*) used for steam baths. Not every hut has a *pus* since one is enough to attend the needs of several neighboring families. The *pus* is a small room 1.5 m. high by 2 m. on each side, built of stones and clay. The roof is flat. Inside a hollow forms a hearth for heating stones. Water thrown on these red-hot stones produces the necessary steam. On the floor are boards on which people lie while taking the bath. Among the Tzeltal and Tzotzil the *pus* is not only for cleanliness but also for the cure of certain diseases and to strengthen women after childbirth. Sweat baths are more commonly taken in Tierra Fria than in Tierra Caliente.

The other structures near the hut are the chickencoop and the hogpen.

Furniture is limited to essential items. In the kitchen are the three hearth stones, the comal (*samet*), the grinding stone (*chá*), a bench or strong table to hold the metate (*ah-ken*), one or two small tables (*matz-malté* or *vebalté*) 25–39 cm. high and 30–40 cm. in diameter, and small benches 15–20 cm. high made of scooped-out tree trunks (*tzanté*). Kitchen equipment includes earthenware (pans, pitchers, and jars) and

[P. 207-B]

844 cloves, and corncake, to keep her "warm
[757] and fertile." The placenta can be burned,
[842] thrown to the dogs, or deeply buried in case the mother does not want another pregnancy soon. The umbilical cord is put under
[789] a three-stone fireplace if the baby is a girl, on top of a tree if it is a boy so that he may become brave and agile when adult.

846 A few hours after childbirth, at the latest
515 the next day, both mother and child take a temascal (steam bath). Some women stay in the temascal until they feel completely recovered.

Childhood and Adolescence

789 During the first weeks of life, children are
774 in danger of losing their souls because their inexperience makes them an easy prey to the naguales and bad spirits who wander around. As protection, mothers place a small
[237] piece of beeswax at the back of the child's head or tie, as a bracelet, a red or blue thread around the wrist. If none of these precautions are taken, the mother has to cover with branches the paths her child walks, so that his soul can easily find its way in case he loses it.

789 Because of all these dangers, fathers al-
852 ways try to perform the ceremony of "seed
774 the soul of the child" as soon as possible. It
[553] is during this ceremony that the child is given a name, later confirmed according to
[608] Catholic ritual at the ceremonial center. A very important aspect of the ceremony is selection of the godparents.

753 *Sickness and Death*

776 Most sicknesses come from infection or
[888] malnutrition. To the natives, however, illnesses have a supernatural cause and are ascribed either to the anger of gods and spirits or to old people who have a nagual or who can throw a spell. The most frequent explanation is that naguales or supernatural beings are acting against people. They can adopt human or animal form or appear as

[P-224-A]

5: Blom & LaFarge A,E-4,5 (1925) 1927 NV9 Tzeltal NV9
Bachajón

necks and round bottoms. Two were full of corn and lime for tortillas, just off the fire. A big Tenango jar, *k'ip*, of the kind to be described at that place, was used for water.

A pottery dish, about 7 centimeters across, *tsets*, is commonly offered to guests to wash their hands. It is placed on a pottery stand of an hour-glass shape, about 15 centimeters high, *awaliko* (see fig. 299). The ordinary plates and general vessels are flat gourd dishes, *qai'*, about 20 centimeters across. Gourds as well were used for a dipper, *tuts*, and a water-jar, *tsux*. Two nets hung from the rack. There were three small baskets, *tutemotc*, and four big ones, *mukulmotc*. Hanging on the wall were a pair of the basket-work sandals mentioned before, and selected ears of corn for seed. The wife's textile outfit, more fully described later, consisted of a spindle, *pětět*,

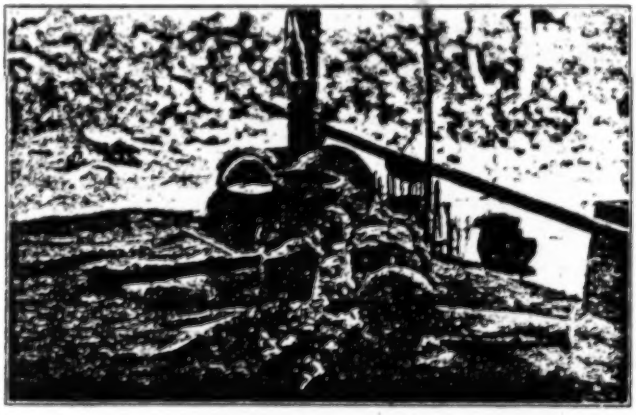

FIG. 191—Bachajon Fireplace.

with clay whorl, spun in a gourd bowl, *tsima*, cotton, *t'umin*, hanging in leaves, and the loom itself, *holěl*. A sling, made of a forked stick and rubber band with a leather piece to take the clay pellet, *finmutc*, belonged to the small boy. Bananas were drying on the rack. With them were laid, or hanging in packages of leaves, beeswax, *tcavek*, blocks, 20 x 20 x 2 centimeters, for trade purposes, used for making candles, a lump of hard red clay, *baq lum* ("bitter earth"), for washing the hair, and sometimes also eaten, a package of brown loaf sugar, salt, *atsam*, traded down from the Zotzil country, several packages of pimiento pepper, and serpent fat, *junto tcan*, for rubbing on the chest to cure coughs. Under the table was a basket of coarse, blackish-gray clay for making pottery, *tcavek lum* ("beeswax earth"). Five wild boars' jaws and an armadillo's tail

7: Nash E-5 (1957-1967) 1970 NV9 Tzeltal NV9
Amatenango del Valle

Behavior Defined in the Family

Socialization in the family provides the individual with the idiom for behaving in the wider community. The basic principles ordering behavior are respect and obedience toward those who are older, and care for those who are younger. Obedience, expressed by the verb *č'un* which means both to believe (or to be gullible) and to obey, is instilled by cultivating a sense of fear and shame. Fear is communicated by the parent to the child by invoking evil spirits and by the threat or use of punishment, especially whipping with a leather strap. Shame is aroused by ridicule, jeering, and chastising. A good child is a quiet child; questioning is discouraged either by refusing to answer the child or by telling him to keep quiet. The negative aspect of good behavior is stressed. Significantly, the phrase "Behave yourself!" is translated into Spanish as "Don't do anything!" Good behavior is not rewarded either by praise or by gifts. The only public demonstration of affection toward children I have seen is by grandparents toward grandchildren: an elder might give his sweet roll at a ceremony to his grandchild and even fondle him. Parents show affection to youngsters under three years of age, although the last child may be coddled somewhat longer. Mothers and young children show intimacy and affection in delousing each other or combing each others' hair. Kissing is not a sign of intimacy but of formal respect in ceremonies.

Beliefs concerning conception show awareness of both the male and the female contribution to the fetus. The man's sperm (*snal*) enters the womb, *yo?tan*, (also the word for heart) and mixes with the woman's flow, to bring about conception. The blood of a child is believed to come from its mother and the skin, bones, and brains from the father. During pregnancy, the father must have intercourse with his wife because his sperm nourishes the fetus. This continues right up to the birth of the child. Men too are believed to have wombs, and some men have trouble with "dropped wombs" caused by lifting heavy burdens.

The only people in attendance at the birth of a child are the women of the immediate household, the mother of the woman giving birth if she is not a part of the houshold, and the midwife. Children are kept out of the